



Caregivers Conference hosted by United Way Caregivers Coalition

Save the Date: September 12th, 2015



Save the date on Saturday September 12th for a FREE conference for family caregivers.

The conference is part of the United Way Caregivers Conference Series inaugural season focused on providing inspiration and information.

Workshops will include:

- Dementia and Alzheimer's Disease presented by Amy Matthews, Dementia Coach at Engaging Alzheimer's LLC
- Diabetes 101 presented by a representative from the American Diabetes Association
- Healthy Eating presented by Susan Colavito, MS, RD from St. Luke's Warren Hospital
- Simple Exercises for Good Health presented by Michael Stagaard from St. Luke's Warren Hospital.

The conference will be held from 8:30am - 1:00pm at Warren County Community College, 475 Route 57 West, Washington, NJ. A light complimentary breakfast and lunch will be provided. Complimentary respite care may be arranged. For more information call 973-993-1160 x305 or email Robin.Ennis@UnitedWayNNJ.org.



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