

Abilities of Northwest Jersey Inc is dedicated to improving the employability and quality of life for people with different abilities by providing training and individualized services.



## Your Monthly News & Updates

---

### Abilities receives \$5,000 grant

Abilities of Northwest Jersey, Inc. has received a \$5,000 grant from the Bristol-Myers Squibb for the agency's newest initiative, Health & Wellness.

Abilities Health & Wellness initiative is a comprehensive health education course which will be taught to all of the nearly 300 service recipients who attend Abilities day programs. Health & Wellness modules include hygiene, exercise, medication, personal safety, nutrition, food preparation, laundry, and other subjects.



"Abilities is grateful to Bristol-Myers Squibb, for their support of an endeavor designed to improve the quality of life for the people we serve," said Cynthia B. Wildermuth, Abilities CEO. "Abilities appreciates the support of New Jersey companies like Bristol-Myers Squibb, corporations that support people in their own communities."

---

## In memory

Famed realtor, farmer, auctioneer, passionate parent advocate for individuals with disabilities, and longtime friend of Abilities of Northwest Jersey, Max Spann, passed away on August 2, 2017.

"Max and his wife of 60 years, Virgene, have been a part of the Abilities family going back more than 30 years," said Abilities CEO, Cynthia B. Wildermuth. "We are saddened by the loss of Max as a person, and for everyone in our community who will miss him, but we are proud and grateful to have had him as a strong advocate for our agency, and those we serve, for so many years."



"Max was a tireless advocate of people with developmental challenges," said former Abilities CEO Dick Lowe. "He was a board member of the Somerset Arc in the late 70s, where he assisted in the acquisition of Camp Jatoni and several of the agency's group homes. He brought his business clout to the table to support many fundraisers and direct the conversation politically to the importance of establishing community housing and employment options for individuals with developmental challenges. Later, he moved to Warren County, where he was quick to carry his advocacy efforts forward at The Arc of Warren County and Abilities. In the late 80s, he was instrumental in the purchase of the land which the current Abilities headquarters is located. He continued for the next 30 years to support both agencies with their fundraisers. Always a gentleman, he was always available to discuss agency needs and find ways to open doors to help make things happen."

Max Spann's final act of generosity was asking that, in lieu of flowers, donations in his name be made to either Abilities or The Arc of Warren County.

---

## BBQ Bash Was A Blast!



More than 150 families, supporters and friends of Abilities attended our **End of Summer BBQ and Quoit Tournament**. Everyone ate, danced and played their way through the evening, raising more than \$5,500 for programs and services. Again, we thank our Premier sponsor for

the event, **Binksy Services!** Q Crew's BBQ and the sounds of The Brian Dean Moore Band danced were enjoyed by all.

## Upcoming

Abilities will host its **20<sup>th</sup> Annual Tricky Tray** on Friday, Oct. 20 at the headquarters, 264 Route 31 North, Washington. Pre-sale admission tickets and ticket bundles are available and may be purchased through our web site at [www.abilitiesnw.com](http://www.abilitiesnw.com). Featured will be an array of products from Longaberger, Vera Bradley and Thirty-One. **Sponsorships and door prize donations are needed** for the event. Need more information? Call (908) 689-1118.

The **8<sup>th</sup> Annual Rossi Family Festival of Trees** is planned for Thursday, Dec. 8 at Rossi Chevrolet Jeep Buick, Route 31, Washington. The Rossi showroom is transformed with more than 50 decorated Christmas trees, many sponsored by local service, community and business groups. Proceeds from the event are split between Abilities and The Arc of Warren County. Be sure to watch your mail mid-October for an invitation. Interested in being a sponsor? Call (908) 689-1118 for details or visit [www.rossifestivaloftrees.com](http://www.rossifestivaloftrees.com)

---



**YOU'RE INVITED**

**TO JOIN US**  
for our special  
affiliation  
celebration

—  
**THURSDAY,**  
**OCTOBER 12, 2017**  
5:00 – 7:30  
presentation at 5:30pm

## **OCTOBER 12TH** **SPECIAL AFFILIATION** **CELEBRATION**

### **PLEASE JOIN US!!**

It's an exciting time in **Abilities** history and we want to celebrate with you! Please join us on **Thursday, October 12<sup>th</sup>, 5:00 - 7:30**, with a special presentation at 5:30 announcing our newly formed affiliation with **Allies Inc.** Agency leaders will be present to answer questions, and there will be plenty of time to meet and greet staff from both teams.



### **ABILITIES**

264 Rt. 31 North  
Washington, NJ 07882

RSVP - (908) 689-1118  
by October 9th

**Light refreshments**  
**will be served**

**Activities will**  
**be available for**  
**loved ones**

**PARTNERING FOR OUR FUTURE**

## Renovations continue



Work on the new Phillipsburg location at 1224 Sout Main St., above left, continues after the building was purchased to provide expanded services and larger thrift shop/food pantry. Above right, the new Sensory Room work at the Hackettstown center is underway.

---

## Meet Lisa

Lisa is an associate in the Bakery Department at Weis.

Provided with support through Abilities Employment Pathways, Lisa explored her career options, developed her plan, job readiness, soft-skills, resume writing and job sampled to help her make her career choice.

Prior to Weis, Lisa worked at the Hunterdon Hills Playhouse. Lisa also juggled academics with her work schedule, and is enrolled at Warren County Community College, working towards her associate's degree in Food and Beverage Management.

**Congratulations Lisa!**



## Lowe's Heroes

Transforming lives one community at a time - that's been the mission of Lowe's Heroes since the volunteer program began in the stores more than 10 years ago. The program encourages employees in a location to team together, adopt a volunteer project with a local nonprofit organization or and make a difference. We were fortunate to have the Hackettstown Lowe's team select our new sensory room expansion as their volunteer project. The team painted and put in new flooring at the center. Thank you Lowe's Heroes. You truly made a difference.



STAY CONNECTED:



Abilities of Northwest Jersey, Inc., 264 Route 31 North,  
P.O. Box 251, Washington, NJ 07882

[SafeUnsubscribe™ {recipient's email}](#)

[Forward this email](#) | [Update Profile](#) | [About our service provider](#)

Sent by [info@abilitiesnw.com](mailto:info@abilitiesnw.com) in collaboration with

**Constant Contact** 

Try it free today