

Abilities Newsletter



April 2025



Welcome to the
April Edition of
our agency wide
newsletter!

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newsletter, visit
abilitiesnw.com!

THE PBURG SCOOP



My name is Kevin M. My favorite color is Red. My favorite food is tuna casserole. Me and Janai made my favorite food tuna casserole for cooking club. It was soooo gooddd!!

My name is Malik S. My favorite thing to do is go to the park during the program. Me and Janai goes to the basketball courts to shoot some shots together. I beat Janai by making the most shots every time. I have so much fun sometimes I wish I could stay at the park all day.



My name is Travis A. My favorite thing to do is blow bubbles. I have a new bubble machine that I love to turn on while I'm at the program. When my machine is on, I laugh and play with my staff.



My name is Sean C. On Fridays we go out to lunch with our Staff. Me, Sam C, Grace went to Apple Bees. We enjoyed eating good food and talking to each other. I tried something new I ate chicken fingers and fries.



Hackettstown

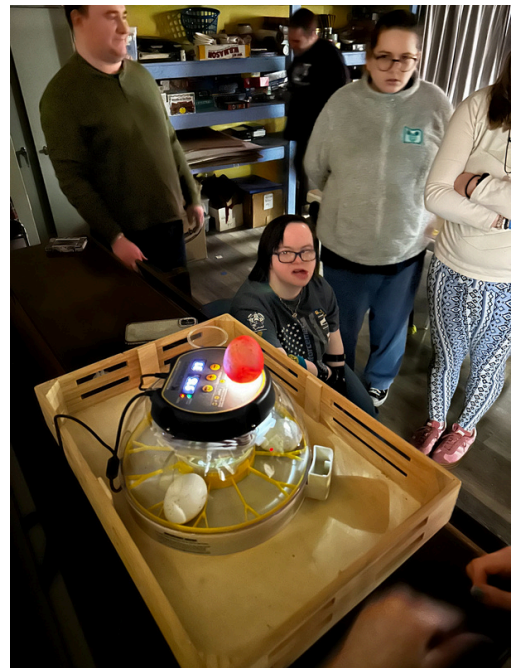
We had an outing to Apple Bee's. It was a great time. I can't wait to go again. The food was so great "Loved It". I had chicken fingers and fries, and it was so good and I had a very good dessert. Had a great time.

From, Kevin



We are hatching duck eggs in Day Hab . The baby duck eggs are cute. I like to see the staff candle the eggs. Today we got to see the ducks move in the eggs it was cool.

From, Anonymous



Mary Apgar

Latest news and bulletin updates by your reporter on the scene, Darren.

On March 18th a group of us went out to the Senior Center for lunch and Tai Chi. I really enjoyed my burger and chips! On March 19th, a group went out to Meadow Breeze Park to enjoy the weather while eating their lunch. On March 20th, a group went to the Dollar Tree to shop for seeds and themselves! We went out to Meals at Home 4 times and ShopRite to get all the ingredients to make tacos!

We started lettuce and herb seeds that have gotten so big already. Soon it will be time to take them out to the greenhouse and start some new seedlings.



For St. Patrick's Day we made Irish Soda Bread.

On April 3rd, we had tacos for lunch. We chose the toppings we wanted to build our tacos. They were delicious! We also made cupcakes one day.



We made some fun Easter crafts in Art Class with Sam. We also had a visit from the Easter Bunny.



**I would like to wish everyone a Happy Spring!
Until next time,
Darren- your reporter on the scene**

MSN

All About Me:

Name: Francine

Age: 58 yrs old

Favorite Food: Meatballs

Favorite Drink: Chocolate Milk

Hobbies: Coloring, dressing up nice and wearing jewelry, and watching tv.

Favorite Color: Green

Favorite Musician: I love all music

Favorite Season: Summer

Favorite Holiday: Halloween

What I want others to know about me is that I am a good friend, and I love getting my hair and nails done.

The Mayor of MSN's Favorite Parts of Coming to Program

I like coming to program because my friends are here. My best friend is Megan, my staff, because she makes me laugh. I like beading and sorting dominos. I like puzzles and trains. I want to go with my friends here to a baseball game. I like to make bus calls all day.

This or That with John:

Water or Soda? Water had the most votes

Cupcakes or Cake? Cake won

TV Shows or Movies? Movies won

Summer or Fall? Fall won

Chocolate or Vanilla? Chocolate won

Hot or Cold? Hot won

Day Program or Stay Home? Day Program Won

Dress up or Dress down? Dress up won

Stay in or go out? Go out won

Easter Bunny or Santa? Easter Bunny won

Easter Art Club:

MSN has been really starting to crank out Spring and Easter crafts with our consumers. They all love to decorate the program with their artwork. Here is some great work by some of our fantastic artists.



Washington CRP



From Stevie

Hi I am Mary I work at Dover in hospital doing volunteer work all kinds jobs like Holiday Inn, Burger King, dietary. I love to enjoy guided tour group travel with special on board they good take of us. I have a big family, but they take good care of me they want me to come for home visits. Everyday I call them up just to say hi.

Employment Pathways



Congratulations David on your new job at Weis Markets. We are proud of the work you are doing!

Hi, my name is Nicole. I've always been a nerd who loves video games, anime, art and music. I also love dogs and currently own a corgi mix named Lily. I'm mostly a homebody, but when I do go out I enjoy attending conventions, cosplaying and spending time with family. It's my dream to visit Japan someday!



Hello! My name is Erin! I absolutely love music and theater! I have been singing ever since before I knew how to talk and have been singing in choirs, talent shows, concerts and more! I also love theater! I have been performing in plays and musicals since I was 13 years old and I love singing and acting in them. I also love seeing locals schools and communities perform musicals as well. It's such a great way to support the arts! Additionally, I love to run! I run around local parks and I also workout at the gym while listening to music to pump me up. Occasionally, I also love to color in my coloring books and I also watch food cooking and baking videos as well! And that's all about me!



Administrative

Upcoming Events



MAY 28, 2025 • 1:00PM - 6:00PM

THE VILLAGE AT HAWK POINTE
200 LIMESTONE BOULEVARD, WASHINGTON, NJ 07882

Come see what home can truly be!



Welcome Home

We're thrilled to unveil our brand-new, state-of-the-art, residential community. A space where comfort meets independence, and individuals thrive with the supports they deserve.

- Spacious, beautifully designed living areas
- Convenient access to local shops, restaurants, and medical care
- Transportation provided by Abilities to promote community connection
- A program built on dignity, safety and empowerment


Tour the space, meet our team, and learn how we're creating supportive living environments for individuals with disabilities!




Tours will be provided throughout the day.

RSVP online:
abilitiesnw.com/events/



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