

# Abilities Newsletter



January 2026



Welcome to the  
January Edition of  
our agency wide  
newsletter!

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[Abilitiesnw.com](http://Abilitiesnw.com)

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# Washington Program



Decorating the tree for this year's Festival of Trees

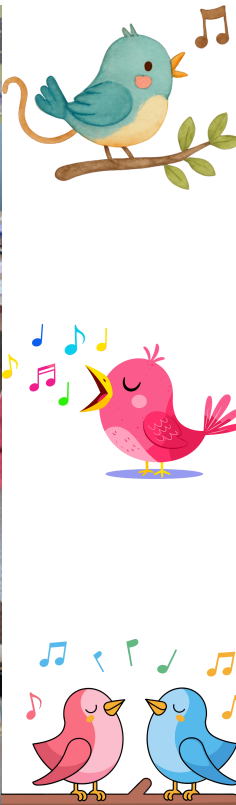


Bingo at the Senior Center

## Making Bird Feeders



Romaine



Nicole



# Hackettstown



The Christmas party is the best! We have gifts and food with friends, play games, and even get a visit from Santa, who gives us all gifts. All my friends were excited and me too.

*Rebecca*

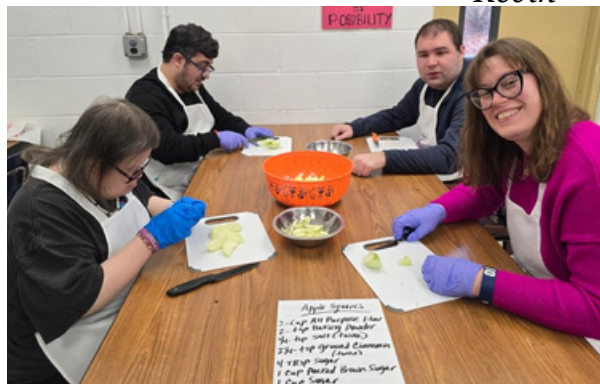


I went to the supermarket. I had a great time shopping. We bought things for the cooking club, and I also bought things for everyday use. I learned how to weigh apples. I checked the prices and brands to see which was a better deal. The cashier was nice. The trip there and back was fun. I saw farm animals.

*Sabrina*

We had a cooking club where we made apple bars. We got ready and put on our chef's aprons and gloves. I cut up all the apples, and we chopped up both red and green apples. Some of my classmates added the dry ingredients, and others added the wet ingredients. I had a lot of fun making the bars and even more fun eating them. They were delicious.

*Kevin*





# Mary Apgar

*Latest news and updates from your reporter on the scene; Darren.*

We had another busy month! First, we had our Holiday Party and a delicious lunch. We had chicken parmesan and baked ziti. We also baked cookies for dessert. Everyone really enjoyed it. There was a trip to MSN to visit their "Winter Wonderland" and play games. We went to the Hologram Zoo Lehigh Valley for the Christmas show with Washington Center and Phillipsburg Center, it was a lot of fun! There was also a trip Dairy Queen for lunch and ice cream, and groups went out for Meals at Home every Thursday.



## Joke of the Day:

Why did the Robin go to the hospital?



**A:** It needed Tweetment!



# MSN



## MSN'S WINTER WONDERLAND PARTY

We all had a blast at our party that was full of holiday laughs, games, and fun.

Thanks to everyone who came, as it was an extra treat to have friends from our other programs come to visit us.

We'd also like to extend a *special thank you* to our very own crafting genius, *Diana*, for all of her hard work in customizing decorations for this event. The amazing attention to detail & effort put in to each piece is truly a reflection of her amazing dedication to our MSN program & her artistic talents. Beautiful work Diana!



## *"Miss M"*

"Miss. M" has been a cherished addition to the MSN program for 7 years, and always comes in each day with quick wit and a great laugh to follow. Her favorite activities are working on table top games and reading. Miss M especially likes reading to her friends at work. But the one thing she loves more than that is ABSOLUTELY her love for Luke Bryan, and Ms. M will always be heard singing the loudest when she hears one of his hits! When asked about what Ms. M feels makes her day better, she said, "Seeing my MSN family". We love seeing you too Miss M!



## HAPPY LAW ENFORCEMENT APPRECIATION DAY!

This year, we honored our hard working officers of Washington TWP Police Department with some homemade cards expressing our gratitude for their diligence in protecting & serving our community!



# Employment Pathways



We are excited to share a new partnership with Wonder, a newly opened restaurant in Hackettstown. This collaboration is off to a great start, as Wonder recently hired one of our consumers, Eddie. The manager, Matilde, has been wonderful to work with and is enthusiastic about exploring additional opportunities for collaboration. We are grateful for partnerships like this that support employment and help strengthen our local community.



# Residential



We're thrilled to share that our second Residential Services apartment was licensed in mid-November and welcomed its first residents in December. Both apartments are now at capacity!





# Administrative

# LET'S CHAT!

## A VIRTUAL CAREGIVER CIRCLE



### YOU'RE INVITED! LET'S CONNECT...

Join us for a welcoming virtual meet and greet designed for parents and caregivers of individuals we support. This is a relaxed space to connect, share experiences, and build community with others who understand the journey.

### CONNECT • SHARE • SUPPORT • THRIVE

- Meet other parents and caregivers
- Build supportive networks
- Share resources, ideas and experiences
- Learn from each other in a warm, welcoming space
- Hear from Abilities about current and future program services

**DATE:**  
JANUARY 27, 2026

**TIME:**  
6:00 – 7:00 PM

**HOW:**  
TEAMS MEETING  
\*LINK TO BE PROVIDED  
UPON RSVP\*



*Our mission is to inspire people with disabilities to achieve their life goals by providing individualized supports.*

### RSVP TODAY:



[www.abilitiesnw.com/events](http://www.abilitiesnw.com/events)

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